# Building together a Basic Course for the prevention of drug addiction.

NEWSLETTER

NOVEMBER, 2012 N° 2

# PReV- learning

## 2<sup>nd</sup> Steering committee

WARSAW, 5-6 JULY 2012

## 2<sup>nd</sup> Tecnhical meeting

ATHENS, 3-4 MAY 2012

# On-Line platform for training activities in Asociación Proyecto Hombre - Spain

Interview with Andrea Ascari, responsible of CEIS formazione - Italy

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## The project is under construction...

The 2nd technical meeting in Greece and the 2nd steering committee a Warsaw, were two milestones in the road of the construction of the e-learning prevention course.

In this newsletter we present the work and the experience of the Asociación Proyecto Hombre - Spain in the use of the IT applied to the formation.

This is also the opportunity no know better one of the partners of the Project and the work that CEIS formazione - Italy do, in a interview with Ascari Andrea.













## 2<sup>nd</sup> Steering Committee Warwaw, 5-6 July 2012

The 2<sup>nd</sup> Steering Committee took place in the Central Office of Monar (Warsaw-Poland) the 5<sup>th</sup> and 7<sup>th</sup> of July 2012.

Participants: Kethea (Greece) Marianna Gidarakou; MONAR (Poland) Maria Charmast, Patrycja Sech; PROJECTO HOMEM



(Portugal) Abel Pereira; ASOCIACION PROYECTO HOMBRE (Spain) Antonio J. Molina; Marta Maheu; CEIS FORMAZIONE (Italy) Andrea Ascari (via skype).

After a welcome of the host thee work begun. It was proposed to change the agenda and visit a Monar's center (residential center for homeless people and TC for youngsters) in the afternoon. All partners said OK. Each



partners made a presentation of the follow up of the WP that it is responsable. It was made an analyses about the shceme of the e-learning course made in the technical meeting. There was a presentation of the financial situation of the Project. There were defined dates for the next

technical and steering committees meeting. It realy was a time of debate and exchanging of experiences and prospectives about prevention.

## 2<sup>nd</sup> Technical meeting Athens, 3-4 May 2012

The 2<sup>nd</sup> meeting of the project took place on the 3<sup>rd</sup> & the 4<sup>th</sup> of May 2012 on the premises of KETHEA's central offices, in Mets, Athens. The participants were the following: **-KETHEA (Greece)** loanna Kyritsi, Marianna Gidarakou, Aimilia Markouizou-Gica, Sotiria Tsiotra, Katerina Vasiloglou & Christina Gogou.-**PROYECTO HOMBRE**(Spain)(Aranzazu Fernandez & Belen Quintero)- **PROJECTO HOMEM**(Portugal)(Sara Leite)-**MONAR** (Poland) (Patrycja Sech)



After a short get-to-know session and a presentation of the meeting agenda, follows a discussion about the modules of the e-learning course. It was made the definition of the target groups, contents of the modules, evaluation, formation of the tutors and other questions about the design of the modules.

In the second day "Proyecto Hombre" (Spain) made a presentation of one elearning programs of the organization. More specifically, emphasis was given on the structure, the tools and the methodology that is used, as well as the evaluation of the content and of the tutor.

Modules were defined, and also suggested the thematic unit. The tools and methodology of the e-learning course were discussed.

Tasks were defined and distributed by the several institutions, including the modules to work and develop content by each institution.



# PROYECTO HOMBRE

# From traditional prevention of drug use programs to e-learning applications: on-line platform for training activities in Asociación Proyecto Hombre

Since 2000, Asociación Proyecto Hombre has been working in development, improvement and evaluation of Prevention programs, especially for preventive agents: families, professors, educators...Universal and Selective Prevention of drug use programs of Proyecto Hombre ("Entre Todos", "A Tiempo" y "Rompecabezas") have been validated and evaluated by different institutions and universities.

For the elaboration of these programs, it has been developed a system of Processes+Results. It's possible to affirm than to have a Prevention program with validated criteria (Efficacy, Efficiency, Visibility...) is a fundamental tool for training of all stakeholders (teachers, educators, mediators, etc...). For the success of these programs, the implication of all these stakeholders during the processes is fundamental. Proyecto Hombre considers than all the people who are in contact with young people and adolescents, in different contexts, can be a preventive agent, if they use their reference roles.

## So, Proyecto Hombre offers different and adequate training courses in Prevention methodology for these collectives with several basic topics

- Strategies to prevent risk behaviours
- Make easier healthy social life and maturation for young people.
- Use of TIC's and new training tools allows prevention programs to be more accessible and useful for people, with the objective to transfer and transmit knowledge, experience and materials.

Asociación Proyecto Hombre proposed in 2008 the design and development of a on-line Platform, for Prevention Training Courses fundamentally, using e-learning support. This proposal started in collaboration of ACCENTURE enterprise for development of this e-learning platform, for the creation of Selective Prevention course and it was possible with funds&grants from National Plan about Drugs/PNSD in Spain.

PH asked in 2009 for technical support to HUMANA enterprise for production and development of Universal Prevention course and Family Prevention course.

#### Proyecto Hombre Virtual Hall www.formacionph.es

Innovation proposal, it wants to improve a new formation model for people interested in Prevention and Treatment of drug problems, the objective is to make easier the development of skills, abilities and strategies is these areas.

E-learning platform, it allows the development of on-line training, with menthors guidance and disposition of collaborative tools (forum, chats, group activities, etc).



**Proyecto Hombre E-learning adapted Methodology** is an Interactive proposal with several contents, activities, tutorials, practices. New technologies help to have Flexibility in hours, plannings&schedules. Processes are open to Selftraining & Intertraining, in a combination of Individual and Group training. Also, there are "In time" and "Out of time" tools, depending on the possibilities of any participant. In Proyecto Hombre, Learning is a combination of Theory+Practical elements, with an adaptation for the individual contexts of any participant

#### **OBJECTIVES** of Proyecto Hombre Virtual Hall

To create one website destinated to empowerment&development of knowledges, abilities and capabilities necessary for preventive activities in different intervention contexts

To addecuate the theorical-practice methodology, becoming formation offer in prevention of drug dependences problems to e-learning format.



To improve the knowledges, abilities and capabilities of professional staff for better qualification in their roles of prevention agents in their own daily intervention contexts.

#### Direct participants and stakeholders:

Professional and social agents

Technical staff in drug dependences prevention

Formal Education staff

Family& children protection area staff

Cultural&social mediators

Parents or any other person interested in Prevention concepts and resources.

Right now, <u>www.formacionph.es</u> is offering these courses:

Selective Prevention course for educators and mediators with contact in different contexts with adolescents/young people in risk situation, looking for to improve their roles as effective prevention agents.

Universal Prevention course for teachers with interest in this area and with any kind of relation with adolescents/young people.

Family Prevention for educative agents, with special emphasis in school context and educative environments.

A Virtual "School for parents", <u>www.escueladefamilasph.org</u>, a space for information and training for parents who need information about use of drugs, consequences, problems with adolescents. This tool includes a 20 FAQ's and directory of resources and centers.

Future: To improve and increase the offer and quality of E-learning Prevention courses (and other e -learning activities), trying to arrive to more collectives, interested, affected or motivated groups in Prevention of drug use, problems and consequences.

If you want to know more, do not hesitate to send an e-mail to <a href="mailto:centroformacion@proyectohombre.es">centroformacion@proyectohombre.es</a> or to take a look to our e-learning platform <a href="mailto:www.formacionph.es">www.formacionph.es</a>



# Interview with Andrea Ascari, responsible of CEIS formazione, associated partner of the Basic Course for the prevention of drug addiction.

Q. Andrea Ascari is the responsible of CEIS Formazione, a non for profit organization partner of Prevelearning project. Which are the main characteristics of your institution?

A. Our training centre has been founded within a consortium of NGOs working in social-

health services since 1982. We started with a small therapeutic community in Modena – Northern Italy, and we developed many services maintaining the philosophy of the community. In few words: everyone is responsible of her / his own growing process; everyone should take care of his /her neighbours; when someone arrives with a problem, we focus on persons not on problems.

With the activity of CEIS Formazione we try to adopt the same approach, building a "learning community" based on sharing of knowledge more than on a one way transmission form teachers to students.



Another important lesson we learned from the community is the importance of building networks and bridges; that's why we participate to European projects since 1996 and we cooperate with several universities in Italy and Europe, in order to connect the academic world with professionals working in the field.

#### In which way your organization has been involved in the project?

We started participating to the project with the responsibility of the work package Evaluation. We did it in other projects and we very interested in sharing ideas about quality and evaluation with our European colleagues. Furthermore, evaluation of prevention it is a challenging activity and its value is still underestimated.

Since the beginning we agreed with Proyecto Hombre, the project leader, to introduce some



online tools with several aims.

First of all we tried to connect our network in a stronger way than with traditional communication and few travels, so we started the project with an online community. Our second goal was to train people using actively e-learning tools, for that reason we build a project management platform based on one of the most popular Learning Management System.

The third aim was to create a "memory of the project" that in future could be accessible to other in order to replicate our experience in other and wider perspectives.

Last but not least, we believe in the enhancement of efficiency that the introduction of new technologies may provide to a network.

#### What about your task as subcontractor?

A. The partnership made a call to evaluate proposal about the management of the elearning platform, where the courses on prevention designed by partners, with the leadership of the Greek organization Kethea, will be published. We decided to participate because we have technologies and professional staff and we obtained the cooperation of University of Bologna, which is long experienced in developing research and training on e-learning and prevention.

It's a heavy responsibility, but we know the network and we know as well that it will be easy to get all the support we need to achieve our objectives. The value of our partnership, in terms of human qualities and scientific and operational skills, is one of the highest I have experienced during my professional life.

#### Q. You have talked about University of Bologna, how will they participate?

A. The Faculty of science of education agreed to award our e-learning course with EFTC credits and they will integrate the course in their offer to the students of master degree. This represents a good opportunity for the participant, in terms of motivation and for the project, in terms of dissemination and sustainability for the future.

#### Q. Do you think that e-learning and prevention will celebrate a good marriage?

A. I think that an important part of the life of new generations are moving to the Net, in terms of communications, opportunities and experience of autonomy but also with the risk of loosing the way. As adults and professionals we need to afford the challenge to use that new virtual community in order to be with them and their parents, as we try to be in schools and local communities. For me the marriage is necessary but we are determined to put a lot of love in it.

# PReV- learning

Leonardo da Vinci 's Project (2011-2013)

## "BUILDING TOGETHER A BASIC COURSE FOR THE PREVENTION OF DRUG ADDICTION"

www.adam-europe.eu/adam/project/view.htm?prj=8510